

# **Canadian Pacific Pensioners**

## **Association of Calgary**



## **Newsletter Spring 2015**

### **Message from the President**

2014 was a challenging year for your Association. Some members of the executive committee took on extra tasks and responsibilities of the vacant Secretary/Treasurer's position. In spite of our efforts to appoint an expedient person from the membership there was no taker. Director Frank Mark diligently accepted the position on a temporary basis until we find a permanent appointment. Frank is doing marvellous work and I am certain he will be pivotal in executing our Association's upcoming action plan and programs.

During our Annual General Meeting on January 13, 2015, Lyle Berge and Ray Beirnes were elected as Directors for the Association for the years 2015 and 2016 respectively. The Board of Directors welcome Lyle and Ray. Both of them bring strong acumen and competencies to the Association. The new Executive Committee for 2015 is in place and I am looking forward to working with a group of dedicated and loyal people.

Your Board is committed to organize valuable presentations, interesting tours and events for our members and their guests. We are receiving positive feedback on the topics we select for monthly luncheon presentations. I am however requesting all members to actively participate in your Association's activities, tours and monthly luncheons when possible. Pay us a visit, bring along your friends, spouse/significant others, have lunch with your fellow retirees, try 50/50 OR just share your Railroading stories. In the mean time enjoy the spring and summer.

Surinder Rehill

## **LESLIE ALEXANDER DAVIS**

We were saddened to hear of the death of a long time member of the Canadian Pacific Pensioners Association on February 13 2015. Les was born in Canora Saskatchewan on August 28 1926 and died in Calgary on February 13 2015 at the age of 88. Les is lovingly remembered by daughters Catherine in Winnipeg and Patricia in Australia, as well as grandchildren and a great grand child.

Les started working for the Canadian Pacific Railway in 1947 and was employed by the railway for nearly 40 years. He worked in Regina and Winnipeg. In 1973 he transferred to Calgary where he worked until 1986.

He was a member of the C.P. Pensioners Association where he served as President for many years as well as being long time Board Member. He was involved in many organizations and did much volunteer work in the community. In 2003, Les was awarded the 125th Anniversary of the Confederation of Canada Medal for Community Service.

Les will always be remembered by all his Railway friends and especially by the members of the Canadian Pacific Pensioner Association where he was involved in Association activities for many years.

by Bill Benner

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***In Memoriam*** - Sergei Zbrodoff; Gordon Phelan; Alma McLaughlan; Cliff McKenzie; Arthur Hutchings; Richard Lait; Bryan Frewin; Kurt Petri; Leslie Davis

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***New Members*** - Wayne Kudilek, Jacques Ranger & Bernie Kubke.

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## **Coming Events 2015**

**May 12** - Meeting and Lunch, \$5.00 per person.

**June 9** – semi annual General Meeting and Lunch, \$5.00 per person.

**September 8** - Meeting and Lunch, \$5.00 per person

\*\*\*\**Above Events and prices subject to change.*

## **BUS TRIPS - see the Quality Time Schedules at the end of this newsletter**

### **PLEASE PUT THESE EVENTS & DATES ON YOUR CALANDAR**

#### **"Notice to those who go on BUS TRIPS"**

Post dated cheques will be accepted. Dated one week before payment due date of the Trip.

Please Book Early with Frank to make it easier for us to make final arrangements.

**NOTE: CUT OFF DATE FOR BUS TRIPS VARIES.**

**FREE PARKING, AT CLUB FUNCTIONS AND FOR BUS TRIPS, IS AVAILABLE ALONG THE SIDE OF THE BUILDING (RAMP), WHERE AVAILABLE, AND IN PARKING LOT TO THE RIGHT AT THE BOTTOM OF THE RAMP.**

### **NOVEMBER CLUB MEETING AND LUNCH**

The regular meeting of the Calgary C.P. Pensioner's Association was held on Wednesday, November 12, 2014. This was a day later than the usual second Tuesday of the month because of Remembrance Day services on the previous day.

It was a cold -15 day and we suffered a power failure that lasted through most of the meeting which caused some minor delays and inconvenience. The meeting was still well attended, with 36 members in attendance.

We'd had 2 presenters from the company, who gave us some very interesting information. The first speaker was Christie Cameron from the C.P. social Committee who informed us about upcoming company social events and how we could participate. The second speaker was Steven Noble, Manager of Communications and Public Affairs who gave us a short insight on the direction the company was going. This was very informative for the members. Special thanks to the ladies of the kitchen in the preparation of the meal of ham, scalloped potatoes and a dessert of muffins and ice cream. We could not do this without you.

A 50/50 draw was held and the winner was Vic Renney, who won \$45.00.

by Bill Benner

## **DECEMBER BANFF CHRISTMAS LUNCHEON**

The Quality Time Bus picked us at Ogden at 0900 am. A spot was set aside for the bus to park whilst the pickup was made. Our Ogden group consisted of 15 members. After departure we headed to Bowness for the final pickup of the day where 2 more of our members climbed aboard. Barry was our bus driver and he welcomed everyone on board. On arrival at the Banff Park Lodge about 1100k we were ushered into the solarium lunch room and were seated. A representative from the Hotel came around and gifted everyone with a bag of Christmas goodies for our enjoyment.

The service started out with a hearty minestrone soup followed by the main course of turkey, stuffing & veggies with a side of delicious cranberry sauce. Dessert was a trifle with fresh berries. Everything was delicious. After the lunch we had an hour or so to visit with each other, shop in the hotel or to proceed to Banff Avenue for a stroll and shopping.

At about 3 pm the bus was boarded for the return trip to Calgary. Barry thanked everyone for our participation throughout the year with Quality Time Tours and wished everyone a merry Christmas. We arrived back at our Ogden drop off about 4:45 pm and everyone made their goodbyes and seasons wishes and headed off home.

By Frank Mark

## **Executive Officers**

### **Elected for the Year 2015**

President	Surinder Rehill	<input type="checkbox"/>
1 <sup>st</sup> Vice President	Dinah Breu	<input type="checkbox"/>
2 <sup>nd</sup> Vice President	Hugh Carey	<input type="checkbox"/>
Sec. Treas.	Frank Mark	<input type="checkbox"/>

### **Club Directors**

Ken Brown	Lyle Berge
Bill Benner	Dinah Breu
Surinder Rehill	Frank Mark
John Sparks	Hugh Carey
Ray Beirnes	

## Club Committees for 2015

<b>Audit</b>	Ben Monsees, Art Tetz, Bruce Bennett		
<b>Communications</b>	Dinah Breu	<b>Bylaws</b>	Bill Benner
<b>Sick &amp; Visiting</b>	John Sparks	<b>Membership</b>	Frank Mark
<b>Travel</b>	Ken Brown	<b>Social</b>	Ken Brown
<b>Nominating</b>	Bill Benner	<b>Newsletter</b>	Lyle Berge, Bill Benner
<b>Pension</b>	Ken Brown	<b>Property</b>	Hugh Carey
<b>Financial</b>	Frank Mark		

## 2014 Remembrance Day Ceremony at Ogden.

The 2014 ceremony was held again at Ogden. This year, the cenotaph had been moved to the north side of the entrance road, which put it closer to a larger parking area. The weather was quite a challenge this year, it was cold, with a wind chill of somewhere around -25 Celsius. It was so cold in fact that the trumpet and the pipes had to be played from inside a bus parked down the hill so they could make any sound at all.

Attendance was remarkable for such a cold day, and probably the relocation of employees from downtown to Ogden played a role in this. I would say there were at least 300 in attendance, and maybe many more.

Representatives of Lord Strathcona's Horse were there, plus our military, cadets, scouts, and CP Police. There was also a presence of about 8 members of Calgary City Police. Bruce Bennett was our pensioner representative, and laid a wreath on behalf of pensioners and employees.

After the ceremony, CP again provided hot beverages to warm the body and soul.

by Lyle Berge

## **ANNUAL GENERAL MEETING JANUARY 13 2015**

The Annual General Meeting of the Calgary Pensioner's Association was held in the Ogden Club Rooms on January 13 2015. The meeting was well attended with 42 members in attendance.

The meeting was opened by President Surinder Rehill at 10:30 A.M. who welcomed all the members. Surinder called for 1 minute of silence in memory of our deceased members of the past year. He then mentioned some of the upcoming programs and presenters for future meetings. In order to save time the minutes were not read but were accepted as printed. Surinder also introduced our new Temporary Secretary Treasurer Frank Mark.

### **REPORT OF COMMITTEES :**

**FINANCIAL COMMITTEE** - Frank Mark reported that the finances of the Association were in good shape with our Net Worth being \$14,834.28 .

**INTERNAL COMMUNICATIONS** - Surinder Rehill reported on communication from Robert Cameron our Pensioner Representative about our new pension rate increase of \$12.75 per month that will show up on the January pension payment. He also mentioned that Blue Cross will go to direct billing starting February 1 2015 . You will now be required to present your Blue Cross I.D. card when ordering prescriptions . All members will be notified by mail on this change.

**SICK AND VISITING-** John Sparks reported on his visitations to our members in Nursing Homes and Hospitals .If you know of any of our members who would like a visit, please let John know,

**TRAVEL COMMITTEE** - Ken brown reported on our bus tours and although we had some successful events we are still not getting sufficient turnouts to ensure successful tours and some have had to be cancelled . Members will be notified of upcoming tours.

**SOCIAL COMMITTEE** - Pat Brown reported on our successful meetings when we hosted meals for 339 members through 2014, Pat thanked all the helpers in the kitchen for making these events successful.

**NEWSLETTER COMMITTEE**- Bill Benner reported on the costs of producing the Spring and Fall Newsletter . . We always produce 200 copies for each edition , but it was decided to reduce each edition by 50 copies to reduce costs and because of declining memberships.

**COMMUNICATIONS** - Dinah Breu thanked all the phoners and notified the members to let us know of any changes in E-mail addresses or phone numbers . We are still doing 107 phone calls and 170 E-mails .We would still like to get as

many E-MAIL addresses as possible because it makes it so much easier and cheaper for us to communicate with our members.

MEMBERSHIP COMMITTEE= Frank Mark reported that we had 318 members at the start of 2014 and now we are down to 286 at the end of December 2014 .Frank reported that we had 25 members over 90 years of age. Membership is slowly declining as our members age.

BYLAWS Bill Benner presented one By-law revision regarding the Audit Committee. The proposed change was to reduce the Audit Committee from three members to two members in the event that it was not possible to get three members .This would be up to the discretion of the Board of Directors. At present we have three Auditors. Motion carried,

NATIONAL COUNCIL OF CP. PENSIONERS= Lyle Berge reported on the National Council mentioning the pension increase of \$12.75 per month. Lyle also mentioned that Blue Cross payments increasing from \$16.58 a month to \$24.32 a month. There will be a convention this May in Montreal and our representatives will be making proposals to improve pensioners benefits. Lyle also mentioned that our Momentum magazine has been cancelled but we requested that the obituaries be published on the internet site. (editor - An updated "In Memoriam" to December 31, 2014 is now on the pensioner website – www.cp-pensioners.com)

ELECTIONS - Members re /elected for three year terms;

Bill Benner  
John Sparks  
Frank Mark

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Lyle Berge ... 1 year term

Ray Beirnes ..... 2 year term

Auditors .. Ben Monsees  
Art Tetz  
Bruce Bennett

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A lunch was served that consisted of Lasagna and apple pie with ice cream  
Thanks to Pat Brown and the kitchen crew.

We had an excellent presenter from the HEARTFIT CLINIC . Diamond Fernandes, Director of the clinic provided us with a very informative talk on preventing heart disease. This presentation created much interest with our members and prompted many questions

A 50/50 raffle was held and both draws of \$30.00 each were won by Wes Mummery who returned the money to the club. Thanks Wes !!!

Thanks to the donors of the wine draw Vic Renney and Rick Boittiaux. Winners of the wine raffle were Ken Brown and Bruce Bennett .

By: Bill Benner

### **FEBRUARY CLUB MEETING AND LUNCH**

The regular monthly meeting of the C.P.Pensioner's Association was held on February 10, 2015 at the Ogden Club Rooms. As this meeting was near Valentines day the club rooms were adorned with reminders of this yearly event. Although the weather was quite wintery we still had 40 members in attendance.

Lunch was served and members were treated to Cabbage Rolls and salad with ice cream and cake for dessert. Thanks once again to all the workers who prepared served and cleaned up in the kitchen we could not function without them.

After lunch we had a very informative speaker from Alberta Health Services. Cecily Chan, a Pharmacist who spoke to us on Osteoporosis and Bone Health. This was a very appropriate subject considering the age of our members and was very well received prompting many questions.

After lunch 2 50/50 draws of \$30.00 each were held with one of the winners Surinder Rehill donating his winnings to the club .Thanks Surinder !!! .Also 2 bottles of wine were raffled off; Thanks to the people who donated the wine.

by Bill Benner

### **MARCH CLUB MEETING AND LUNCH**

It was a great day for the Irish as well as the C.P Pensioners Association as we held our monthly meeting at the Ogden Cub Rooms on March 11, 2015. The club rooms were decorated in our annual St. Patrick's Day decorations .The weather also worked in our favour with 53 members in attendance. The lunch served was also appropriate with a serving of Irish Stew with dessert prepared by our wonderful ladies of the kitchen.

After lunch we had a presenter who was a Certified General Accountant, Mr. Moe Relan of Moe Relan Professional Corporation. Mr. Relan talked about

"income Tax Return Filing", which was a very good topic at this time of year seeing that we are all in the midst of our Income Tax preparation. This presentation prompted many questions which were answered to the satisfaction of the members.

After lunch we had a 50/50 raffle and the winners were;

Laurie Rupert .....\$40.00  
Dinah Breu ..... \$40.00 Donated to the Club ...Thanks Dinah !!!!

by Bill Benner

### ***St. Patrick's Day luncheon***



Left **Melchor Villa** (27 years Carman), middle **Yuen Chi Lok** (28 years Carman)  
Right **Vicente Acosta** (30 years Carman)

**50<sup>th</sup> Wedding Anniversary**

***Congratulations to Louis and Louise Hlasny, who celebrated  
their 50<sup>th</sup> wedding anniversary on  
December 30, 2014.***



## **APRIL CLUB MEETING AND LUNCH**

The regular monthly meeting of the C.P.Pensioner's Association was held on April 14, 2015 at the Ogden Club Rooms. The meeting was well attended with 48 people in attendance. We welcomed many new members as well as enjoying the company of our regular members.

Lunch was served by our hard working ladies of the kitchen who prepared, served, and cleaned up after the meeting. Our lunch consisted of Spaghetti and meat balls and garlic toast with buttered hot cross buns for dessert. This was well received by our members.

After lunch we had some excellent speakers who spoke on investing to avoid excessive taxes. This was a very interesting topic, for this time of year, and prompted many questions from our members. These speakers were; Brian Mennis CFP Regional Director of Investors Group, Kenneth Marles CFP, CLU Insurance Specialist /Manager, and Manwinder Gill CA - Consultant.

A 50/50 raffle was held and the winners were;

Maria Vas \$40.00

Hugh Carey \$40.00.... Donated to the Club ....Thanks Hugh !!!

2 bottles of wine were also raffled off.

Thanks to the Donors of the wine Vic Renney and Richard Boittiaux

by Bill Benner

## **OUR PENSIONERS WEBSITE, AND PENSIONER COMMUNICATIONS**

[www.cp-pensioners.com](http://www.cp-pensioners.com)

The National Council of CP Pensioner Associations is slowly putting more information on our website, particularly newsletters from our chapters across Canada. CP has recently posted an updated "In Memoriam" (to December 31, 2014), and this can be found on the website.

The magazine "Momentum" is no longer published. CP now puts out a magazine called "CP Magazine". This can be accessed on the CP website, [www.cpr.ca](http://www.cpr.ca), or you can access it if you go to our pensioner's website, under "News and Events". There you will see a link to the CP Magazine on the CPR website.

Another feature on the pensioner website concerns employee discounts. CPR has an association with a discount group called “Perkopolis”. Look on the pensioner website under “Your Pension”. Click on “Pensioner Discounts” and you will see how to register for Perkopolis, plus the most recent discount opportunities.

<b>We're only a telephone Call Away.....</b>	<b>from all parts of Canada and the United States.</b>  <b>Here are a few examples of how we can help you over the Telephone:</b>	<b>*Requests for ID Cards, Claim Forms, the Status of individual claims and Questions concerning Benefits should be directed to Blue Cross's Toll Free Number 1-888-873-9200</b>
<b>CPR Toll Free Number</b>  <b>1-888-511-7567</b>	<b>. Change of Your Address</b>  <b>. Inquiries concerning your Direct Banking Deposit Service</b>  <b>. Income Tax (Additional Deductions or Inquiries)</b>  <b>. Inquiries about the Status of your Health Care Coverage</b>  <b>. Inquiries about Pension (Payments Calculations etc)</b>  <b>. Notification of Death.</b>	<b>Written Inquiries Should be Addressed to:</b>  <b>Canadian Pacific Railway Human Resources Service Centre Pension Services</b>  <b>7550 Ogdendale Road SE. Calgary AB T2C 4X9</b>
<b>CPR Calgary Area</b>  <b>403-319-3035</b>		
<b>CPR Calgary Fax</b>  <b>403-319-3669</b>		
<b>Blue Cross of Canada Toll Free Number</b>  <b>1-888-873-9200</b>		
<b>For information on Pension related matters all CPR Pensioners and Survivors can phone one national toll Free Number available</b>		

The executive of the National Council of Canadian Pacific Pensioners Associations would like to remind you of our agreement with Blue Cross. This is an opportunity for members to benefit from affordable access to quality travel medical emergency coverage.

The next time you think of traveling, think Blue Cross and inquire about the discounted rate for CP Pensioners and Survivors.

Remember to state you are a CP pensioner or Survivor.

Blue cross is unlike any other travel insurance, with unparalleled coverage that makes it the preferred choice of vacationers everywhere.

## **CALL NOW**

and start planning your worry-free vacation!

The only way to get your exclusive 10% discount is by calling this special toll-free number:

**1-866-544-7720**

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The 10% discount **will not apply** if you purchase your travel insurance through your local Blue Cross office or travel agent.

### **Edited and published by**

**Bill Benner- Phone: 403 - 271 5343 - E-Mail: [benne35@shaw.ca](mailto:benne35@shaw.ca)**

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**Frank Mark - Phone 403-262-1238 – E-Mail: [fmark@telusplanet.net](mailto:fmark@telusplanet.net)**

### *Great Canadian Barn Dance Trip*



# Quality Time Holidays

Tel: (403) 281-5095

Fax: (403) 281-8439

Email : [qholidays@shaw.ca](mailto:qholidays@shaw.ca)

Website : [www.qholidays.com](http://www.qholidays.com)

## DAY TRIPS FOR 2015

You can see from the list below there will be a reduced number of trips for 2015. All the day trips will be held on a Saturday - except Christmas to Banff which will be held on a Tuesday. With this reduced number of trips there could be a lot of people wanting to go so we remind you - please don't wait until the last minute to sign up or you will be disappointed to find the bus full.

We remind you:

- to call as soon as possible to let us know you want space held for your group;
- all seats are booked "first come first served" & only confirmed once we receive payment;
- 2 weeks before the trip is the LAST day for payment but not the first - waiting until the last minute could mean the trip is sold out;
- all trips include luxury bus transportation, meal & restaurant gratuities (alcoholic & some other beverages are not included);
- pickup & drop off at your location if you have ten (10) or more people.

<u>Date</u>	<u>Trip Description</u>	<u>Price</u>
Saturday, <b>April 18</b>	MYSTERY TOUR	\$51.

*Regrettfully, this trip was cancelled because not enough people signed up.*

Saturday <b>June 13</b>	GREAT CANADIAN BARN DANCE LUNCH & SHOW	\$78.
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This trip is always a favorite so book early. Great music, wonderful country cooking & old fashioned fun provided by the Kunkel Family. Coffee & muffins served on the bus in the morning.

Saturday, <b><i>August 22</i></b>	MILLARVILLE MARKET	<b>\$56.</b>
Visit Millarville Market before going to Black Diamond for lunch – followed by a trip through Kananaskis Country stopping @ the Village.		
Saturday, <b><i>October 17</i></b>	TOUR OF HEARTLAND STUDIO	TBC
This trip is tentative & details will be available later		
Tuesday, <b><i>December 1</i></b>	CHRISTMAS LANCH IN BANFF	<b>\$78.</b>
These trips are always popular with a traditional 'Turkey & all the trimmings" lunch at the Banff Park Lodge; free time in Banff.		

## Don't Delay - Sign UP Today!

For a Good Time Travel with Quality Time - Calgary Seniors Group Travel Specialist.

All prices are per person & are subject to change - please check before selling.

Itineraries are planned well ahead & may change on the day due to various circumstances

**\*\*Remember, the dues are now \$15.00 per Year**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **Province** \_\_\_\_\_

**Postal Code** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Fax** \_\_\_\_\_ **E-Mail** \_\_\_\_\_

**YOU MAY REMIT YOUR DUES TO:**

**Frank Mark**  
**Secretary Treasurer, Canadian Pacific Pensioners Association**  
**Main Floor Building 3**  
**7550 Ogdendale Road S.E. Calgary, AB. T2C 4X9**  
**Club Phone 403-262-1238**

**PLEASE NOTE**

The CP Pensioners Club Room at Ogden Shops will be open on Mondays, Wednesdays & Thursdays from **10 AM until 1 PM**