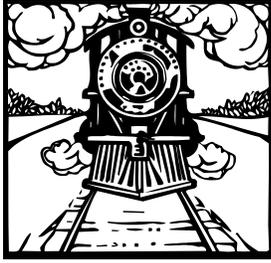


CANADIAN PACIFIC PENSIONER'S ASSOCIATION (MANITOBA BRANCH)



Newsletter Editor— Lou Guay

Fall Edition 2020-4

Hello to all our members

I hope everyone was able to enjoy the best of our fall weather.

A very quiet Halloween is done, and Remembrance Day is coming. Thanks to COVID-19, there will be little or no opportunity to attend public services. Some will be broadcasted on television, and over the internet. I will join other Canadians, at 11:00 am, and stand just outside my front door, observing two minutes of silence. Please consider doing the same.

You will find our event cancellations below Not what anyone wants, but, the reality of the pandemic leaves no choice for us, or for the Belgium Club.

While we wait out things out, one positive action most can do is reaching out to family, friends and neighbors. Remember those who are in lockdown, isolated or otherwise cut off from outside contact. A phone call, email or a letter will be a blessing for them. The act of reaching out will benefit you as well.

Finally, as challenging, tiring and frustrating as everything COVID-19 related is, please continue to follow the guidelines, and stay safe. It may not feel like it, but this too will pass.

CANCELLATIONS

We regret to advise the following events and activities are CANCELLED

- November 11th Weston Shops Remembrance Day service
- November 12th Manitoba Branch luncheon and meeting
- CP Rail's annual holiday train.

2021 DUES:

Yes, it's that time of year again. Please arrange to renew your membership for 2021!

Dues remain the same:

\$10.00 per year for a pensioner, and spouse,
\$10.00 for a pensioner alone,
\$5.00 for a surviving spouse

(where else can you get such a good deal these days).

Form and details are on page 6 (last page)

Reminder: Please make the cheque out to
CP Pensioners Association

ANNUAL



DUES

IN MEMORIAM



Since our last Newsletter, Father Time has taken his toll. Please take a few minutes out from your day to remember old friends and former workmates. If you know of any members who are ill or have passed away, call Betty Ashton @ 204-475-6798 or Betty Hein @ 204-774 9686 and let them know.

MAR 28, 2019	MARGARET ALTARUI	WIDOW OF ARMANDO, LABOURER
JUNE 04, 2020	ALMA STREILEIN, AGE 92	WIFE OF ERNIE
JUNE 13, 2020	ERNIE STREILEIN, AGE 92	PIPEFITTER
AUG 26, 2020	RUTH BARR	WIFE OF BILL, CONDUCTOR (SWIFT CURRENT)
SEPT 7, 2020	WALTER COUBROUGH, AGE 90	HUSBAND OF DOREEN

Correction to the Summer 2020 In Memoriam

FEB 19, 2020 ANN FERCHUK, AGE 76, SURVIVED BY HER HUSBAND DOUG

OUR APOLOGIES TO DOUG AND HIS FAMILY FOR THE ERROR.

Christmas Luncheon Meeting - Thursday, December 10, 2020 @ 12:00

We are hoping to have our annual Christmas Luncheon, with all the usual extras.

Cost will be \$20.00 per person and will be held at the
Belgium Club - 407 Provencher Blvd, Winnipeg

Seating in a normal year is limited, and will likely even more so if COVID-19 restrictions are still in play. Pre-registering will be even more important. Unfortunately, no walk-ins will be seated!

IMPORTANT: If you intend to go **please notify Ron Hinkle**, either by phone at 204-667-3520 or by e-mail: hinkleronald224@gmail.com, so he can notify the kitchen of the number of attendees. Be sure to do so **no later than Friday, December 4**

In the event we have to **CANCEL**, those who registered will be contacted.

Ways to find out about Manitoba Branch cancellations and changes

- 1) Any member who uses email, and has not already done so, is encouraged to send an email to WpgCPRPensioners@mail.com. Please show your name on the subject line. E-mails about cancellations and other changes will be sent to those who participate.
- 2) Facebook group - Manitoba CP Pensioners - created to use as a bulletin board. www.facebook.com/groups/784862505444703/
Goal: to communicate cancellations and other changes in a more timely manner. Changes will be posted there, and should be visible to anyone with a Facebook account.

Manitoba Seniors and Healthy Aging Secretariat

Just a reminder—the province provides resources and services specifically for our demographic, covering a wide variety of services and programs. The Manitoba Seniors Guide (found on-line [here](#)).

For those who do not have internet access, or prefer to use a physical resource, the guide can be ordered by calling 204-945-6565 (in Winnipeg) or toll-free 1-800-665-6565..

The Seniors and Healthy Aging Secretariat website is found [here](#). It includes more detailed information about many Province of Manitoba programs, along with interactive tools designed to help find needed services.

For those who do not have internet access, or prefer using the telephone, the number to call is 204 945 3744 or toll-free 1-866-626-4862.

211 service now available in Manitoba

Everyone in Manitoba now has access to 211 phone service and mb.211.ca, a free, confidential information navigation service that connects people to critical government and community-based health and social services in their community. 211 Manitoba is led by United Way Winnipeg in collaboration with Volunteer Manitoba, and includes a multisector Advisory Committee.

211 helps people navigate the complex network of government and community programs and services quickly and easily and promises access 24 hours a day, 7 days a week, in over 150 languages. Across Manitoba, the service is offered through phone and website. In all cases, 211 confidentially connects people who are seeking support to the right information and services

CP Pension Services Contact Information

The CP Pension Services Call Centre is available to answer your pension related questions. Service is available in French and English, from 8 AM to 1 PM Mountain Standard Time (MST).

Call or Email Pension Services Toll Free: 1-888-511-7557
Calgary Area: (403) 319-3035
email: pension@cpr.ca

Mail Pension Services Canadian Pacific Pension Services
7550 Ogden Dale Road S.E.
Calgary, AB T2C 4X9

Website: <https://cp-pensioners.com/pension/>

Thank You From Robert Cameron

To all Fellow CPR Retirees:

I would like to thank everyone who voted for me to be your Pension Representative for the next 3 years on the CP Pension Board. I look forward to working with all pensioners and spouses by providing assistance and education with all aspects of our Pension Plan.

My contact information is listed below, and I encourage anyone with specific concerns to reach out to discuss. Unsupported claims of poor communication can be addressed by each individual taking it upon himself or herself to request information. I do not feel that social media is the proper place to ask questions and expect answers, especially when the information provided on that platform by somebody other than myself or the Pension Committee may not be the correct information. As suggested above all questions should be directed to the Pension Representative or CP Pension Committee for the correct answers.

Most information at monthly meetings is confidential in nature and therefore I am not able to share with you. However when relevant information and reports presented at these meetings such as COLA Financial Statements and Validation reports I will notify everyone I can through the www.cp-pensioners.com CP Pensioners Web Page and all Chapters and anyone who wishes to get this info by contacting me personally. In July of each year every pensioner who receives a cheque will receive a year end statement of the Pension fund along with the top 10 investors and what the balance was at December 31 of the previous year.

Myself and the National Council encourage all that are not currently involved in a local chapter to join, and if there is not a local chapter in your area that you reach out to find out how to get involved and start one to ensure that information that is sent out is available and circulated to the membership.

In the next 3 years I will continue to work for the betterment of all Pensioners and spouses as per the Pension Rules and try for better improvements for all.

I will reiterate, if any questions or concerns that you have as an individual please contact Robert (Bob) Cameron Pension Representative in the following ways:

By phone- 1-250-837-4248 or 1-250-837-1083 (cell.),

By mail PO Box 885 Revelstoke BC V0E 2S0,

Or by e-mail at rjc48@telus.net

Thank You

Robert J (Bob) Cameron

CP Pension Representative

On a lighter note:

Three madmen are walking on the railroad tracks.

One of them says "damn, it feels like this staircase never ends!"

The other answers "yeah, and the railing is so low! I can hardly reach it!"

Then the third points with his finger and says

"stop crying. Look, the elevator is coming."



*May the holiday season
bring you hope, peace
and joy .
All the best in 2021*

WELCOME TO OUR NEW MEMBERS

At this time, the Manitoba Branch of the CP Pensioners Associations is very pleased to welcome our 22 newest members . We are glad to finally meet you!

As our long-term members can attest, the past several years have been very challenging for all branches of the CP Pensioners Association. Membership numbers have diminished, due in large part to our inability to contact newly retired CP employees. This situation has dragged on for many years.

After much negotiation, the National Council of Canadian Pacific Pensioners Associations and CP Rail recently reached an agreement. Starting in the last quarter of 2019, as part of their retirement package, each retiree receives a pamphlet explaining who we are, and what we do. You can find it [here](#):

As well, CP has also committed to providing the NCCPPA with contact lists of recent retirees who have expressed interest in the Pensioners Association. The NCCPPA in turn is passing on that information to the appropriate local branch. The first list was issued in late spring 2020.

The Manitoba Branch portion of the list was nearly 680 retirees, some of who have been retired for decades. After some delay, in mid-October, we started a membership drive. To date, nearly 550 retirees have been contacted by Canada Post, or by e-mail. The final 130 have just been contacted, along with the 10 names received in early October..

WRAP-UP

If you have any questions relative to our Association, or are encountering problems pertaining to pensions, Blue Cross Coverage, etc., which may be affecting you as a pensioner or survivor, please contact one of the under-signed. If we cannot answer your query, we can possibly direct you to someone who can assist you.

Paul Zeglinski, President, CPPA (Man)
130 Barrington Avenue
Winnipeg, MB. R2M 2A9
Phone 204-257-1188

Ron Hinkle, Corresponding Secretary
415-919 St. Anne's Rd.
Winnipeg, MB R2N 4K8
Phone 204-667-3520

Bob Cameron, Pensioner Representative
P.O. Box 250, Revelstoke, B.C. V0E 2S0
Phone 1-250-837 4248

MEMBERSHIP INFORMATION

Are your membership dues up-to-date? If not, or if you have misplaced your card, or if you are not sure, please call Mary Hornby, our Membership Chairman, at 204-661-0140, who can let you know where you stand.

2021 - no change in membership fees

\$10.00 per year for pensioner and spouse,
\$10.00 for pensioner only,
\$5.00 for a surviving spouse.

Canadian Pacific Pensioners' Association Application Form

Name: _____ Spouse's Name: _____

Address: _____

Postal Code: _____ Telephone # _____ Pension Payroll # _____

Former Trade/Occupation _____ Renewal _____ New _____

PLEASE MAKE CHEQUE PAYABLE TO C.P. PENSIONERS' ASSOCIATION

and forward to:



Mrs. Mary Hornby, Membership Chairperson
435 Hazel Dell Avenue
Winnipeg, MB R2K 0R3
Phone 204-661-0140