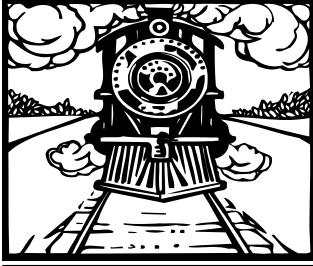


# CANADIAN PACIFIC PENSIONER'S ASSOCIATION (MANITOBA BRANCH)



*Fall Edition 2021-4*

*Editor — Lou Guay*

Hello to all our members:

We had an exceptional fall: warm (maybe too warm - air conditioners were still hard at work October 5th!) sunny, and dry. Hopefully everyone had the opportunity to take advantage of the extended golf/camping, hiking/gardening/biking/boating seasons.



A reminder: **This is your newsletter**

What do you want to see in it? Do you have items of interest to share, ideas for articles, jokes or possible changes to improve it? If you do, please contact the editor (Lou) by phone at 204 275 0630 or by email to [WpgCPRPensioners@mail.com](mailto:WpgCPRPensioners@mail.com)

Please note:

- As per below, our November 11 luncheon meeting is cancelled.
- Weston Shops Remembrance Day service is cancelled. Details on page 2
- Our annual Christmas luncheon is on. Details on page 3
- CP Pensioner's Manitoba Branch is looking for volunteers. Details on page 3
- Blue Cross update, including the 2022 rates, on page 4
- Price of lunch is going up. Details on page 4.
- CP Holiday Train will be virtual. Details on page 5

Seasons greetings to everyone,  
and all the best in 2022!



**CANCELLED** Our November luncheon meeting is **CANCELLED**.  
The second Thursday of November is the 11th - Remembrance Day.

[The Belgian Club (Royal Canadian Legion Branch 107),  
will be closed for lunch on that day]



## IN MEMORIAM

**S**ince our last Newsletter, Father Time has taken his toll. Please take a few minutes out from your day to remember old friends and former workmates. If you know of any members who are ill or have passed away, call Betty Ashton @ 204-475-6798 or Betty Hein @ 204-774 9686 and let them know.

JUL 14, 2021 - ALLAN SMITH, 98, CAR FOREMAN  
AUG 25, 2021 - JOHN THEISEN, AGE 91, ENGINEER  
AUG 28, 2021 - STEFANIA POGORZELEC, AGE 94, WIDOW OF PETER  
SEP 11, 2021 - TOM RAINEY  
OCT 01, 2021 - VERNON JACKSON, AGE 94, ENGINEER

THE COMPANY WIDE IN MEMORIAUM CAN BE FOUND ON LINE AT  
[HTTPS://CP-PENSIONERS.COM/NEWS-EVENTS/](https://cp-pensioners.com/news-events/)  
(ABOUT HALF-WAY DOWN THE PAGE)

### CANCELLED

Please be advised the Remembrance Day Service at Weston Shops is

### CANCELLED

### Thank You

to Betty Hine, for her ongoing assistance with the newsletter. Since the start of the pandemic she has stuffed all the envelopes.. Seven issues to date, for a total of nearly 1800 envelopes prepped for mailing.

### Finding out about cancellations and changes

- 1) Any member who uses email, and have not already done so, is encouraged to send an email to [WpgCPRPensioners@mail.com](mailto:WpgCPRPensioners@mail.com). Please show your name on the subject line. If enough members participate, emails about cancellations and changes of events will be sent.
- 2) We now have a Facebook page - Manitoba CP Pensioners. Will be a bulletin board providing information about cancellations and changes of events. Should be open (readable) by anyone with a Facebook account.
- 3) For luncheon meetings, contact Ron Hinkle at 204 667 3520 - NOTE: decision is made in consultation with the Belgian Club, based on recommended practices and guidelines from the province. As the situation still remains somewhat fluid, these may not be in the newsletter.

## **Help Wanted - Please read!**

An ongoing challenge for every organization dependant on volunteers, is finding new people to take on the various small, necessary administration roles. Meetings need to be chaired, minutes need to be taken, memberships records need to be kept. Finances tracked. bills paid, correspondence reported and responded to, activities organized , newsletters published, etc.

Our reality is most of the current executive wants to step done, after years of stellar and faithful service. Without new volunteers to replace them, we may be forced to shut down.

Please consider stepping forward. Most of the jobs do not take much time, and several include a small honorarium commensurate with the time and effort required.

Contact Paul at 204 257 1188 or Ron at 204 667 3520  
or Mary at 204 661 0140 or Lou at 204 275 0630 if you might be  
interested in taking on an executive role.

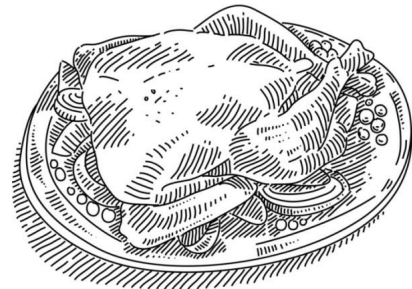
### **Annual Christmas Luncheon** **Thursday, December 09, 2021**

**12:30 PM**

**Belgian Club 407 Provencher Blvd**

**Cost: 20.00 per person**

Menu: salad, turkey with stuffing, meat balls, perogies,  
mashed potatoes, gravy, plus dessert, with tea or coffee.



***Seating limited to 50 (fifty) people***

***Applicable COVID-19 restrictions apply***

**Pre-registration required - no walk ins -**

**Registration closes Thursday, December 02**

Contact Ron Hinkle at 204 667 3520 to register

Open to ***members in good standing only*** (2021 dues paid)  
*and invited guests* - limit one guest per member

**(if you are unsure of your membership status, please confirm  
with Mary Hornby at 204 661 0140 before registering )**

### **Blue Cross Update**

Blue Cross advises following changes to covering rates for Canadian Pacific Group NO. 93100 the Pensioners Health Plan :

- The rates for 2022 have been reduced by 12.5%, effective January 1st, 2022. The single rate will be \$28.94 and the family rate \$57.85 per month.
- NOTE: widows under Blue Cross come under "The Old Plan". Their rates for 2022 also went down 12.5%. The single rate is now \$95.03 and the family rate \$190.04 per month,

Blue cross advise claims should be submitted in a timely matter as you incur expenses. To help you do this there are different options that allow you to proceed simply and quickly.

#### **- Prescription drugs:**

By presenting your Blue Cross ID Card to your pharmacist, Blue Cross will immediately pay the eligible portion (80%) of your prescription. You will only have to pay the difference.

#### **- Self serve tools (new for 2021-2022.)**

By logging into Blue Cross's member portal at [www.medavibec.ca](http://www.medavibec.ca) or on Medivaie Mobile App, you will be able to submit a claim online and avoid mailing the costs and delays. Moreover, by signing up for Direct Deposit, Blue Cross will deposit your claims reimbursements direct into your bank account.

Expenses incurred in **2021** must be received at Blue Cross no later than **March 31, 2022.**

For information regarding Blue Cross claims you may call 1-888-873-9200  
Submitted by Ron Hinkle, Recording Secretary

### **Price of lunch goes up in 2022**

Effective January 13, 2022, the charge for lunch at our monthly meetings is going up to 15.00 (fifteen) dollars a meal. Still an extremely reasonable price for a main course, dessert and bottomless cup of coffee or tea.

### **CP Pensioners Manitoba Branch luncheon meetings**

Held the second (2nd) Thursday of the month (September to May inclusive)  
12:30 PM  
Belgian Club - 407 Provencher Blvd.

If you are want to attend, please contact Ron Hinkle,  
by phone at 204-667-3520  
or by e-mail at [hinkleronald224@gmail.com](mailto:hinkleronald224@gmail.com).  
no later than the preceeding **Friday**. No walk-ins please.



CP Holiday Train's lights to shine on  
community food banks with virtual concert,  
donations for 2021

Canadian Pacific (CP) will host a virtual concert and donate to local food banks in communities across its network for the Holiday Train program's 23rd year. Though this year's Holiday Train will once again be virtual, the much-loved program will continue to serve as a beacon, highlighting the ongoing need for food banks and the critical work they do.

"The spirit of the Holiday Train is about giving generously and inspiring those around us to give as well," said Keith Creel, CP President and Chief Executive Officer. "While we are disappointed we again cannot bring the Holiday Train to communities, we are honored to run a virtual program and continue to support communities and food banks across our network as they work to address food insecurity in North America."

more information on-line on the CP Rail website:  
<https://www.cpr.ca/holiday-train/schedule-canada>

*On the Lighter side*

When their train stopped briefly at a large station house in Canada, a British couple traveling cross-country by rail stepped onto the platform to stretch their legs. Stopping in front of one of the locals lounging near a pile of baggage, the husband asked, "What town is this?" "Saskatoon, Saskatchewan," came the reply. "Why don't you ask this next gentleman, dear?" the man's wife said. "Perhaps he speaks English."

Why is the track gauge 4' 8-1/2" wide?

Because it is the mean distance between the neck and ankles of damsels in distress.

## **WRAP-UP**

If you have any questions relative to our Association, or are encountering problems pertaining to pensions, Blue Cross Coverage, etc., which may be affecting you as a pensioner or survivor, please contact one of the under-signed. If we cannot answer your query, we can possibly direct you to someone who can assist you.

Paul Zeglinski, President, CPPA (Man)  
130 Barrington Avenue  
Winnipeg, MB. R2M 2A9  
Phone 204-257-1188

Ron Hinkle, Corresponding Secretary  
415-919 St. Anne's Rd.  
Winnipeg, MB R2N 4K8  
Phone 204-667-3520

Bob Cameron, Pensioner Representative  
P.O. Box 250, Revelstoke, B.C. V0E 2S0  
Phone 1-250-837 4248

## **MEMBERSHIP INFORMATION**

Are your membership dues up-to-date? If not, or if you have misplaced your card, or if you are not sure, please call Mary Hornby, our Membership Chairman, at 204-661-0140, who can let you know where you stand. There has been no change in membership fees - \$10.00 per year for pensioner and spouse, or pensioner only, and \$5.00 for a surviving spouse.

Note: our membership year runs January 01 to December 31

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### **Canadian Pacific Pensioners' Association Application Form**

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Telephone # \_\_\_\_\_ Pension Payroll # \_\_\_\_\_

Former Trade/Occupation \_\_\_\_\_ Renewal \_\_\_\_\_ New \_\_\_\_\_

**PLEASE MAKE CHEQUE PAYABLE TO C.P. PENSIONERS' ASSOCIATION**  
and forward to:



Mrs. Mary Hornby, Membership Chairperson  
435 Hazel Dell Avenue  
Winnipeg, MB R2K 0R3  
Phone 204-661-0140