CANADIAN PACIFIC PENSIONER'S ASSOCIATION (MANITOBA BRANCH)

Spring 2024-2 Editor — Lou Guay

Greetings fellow CP Pensioners

HELP STILL WANTED - see details on page 4

<u>REMINDER</u>: 2024 membership dues are overdue. Membership contact information is on page 6, along with a membership renewal form. Thank you to everyone who has already submitted their dues.

Our final (until fall) luncheon meeting will be on Tuesday May 09th. All members and guests attending will be entered into the \$100 (one hundred dollar) wind-up door prize draw, with an additional entry for each meeting attended from September to April (except the Christmas luncheon!). See page 2 for further details.

Our annual summer break runs June to August inclusive. First post-summer luncheon meeting will be Thursday September 12

<u>Email addresses</u> Please consider providing your email address to us by sending an an email to WpgCPRPensioners@mail.com - include your full name in the subject line Emailing provides another means of communicating news and updates to our members. We do not share member email contact information.

Spring message from Doug Belcher, our branch president - see page 4

<u>Concur:</u> (CPKC travel services provider) See message on page 5 regarding changes!

Manitoba Branch summer activities?: see page 5 for details!

Meeting reminders: done 8 to 9 days before the meeting. If you are currently not being contacted about the next meeting by phone and/or email, and want to be, please let Lou Guay know at 204 275 0630

or email WpgCPRPensioners@mail.com and we will add you to the list.

On the lighter side: "Don't act your age in retirement. Act like the inner young person you have always been." – J. A. West

IN MEMORIAM



ince our last Newsletter, Father Time has taken his toll. Please take a few minutes out from your day to remember old friends and former workmates.

If you know of any members who are ill or have passed away, please contact Lou Guay @ 204-275-0630 and let him know.

DEPARTED MEMBERS

ERNEST ROSS McLeod - Dec 27 2023, Age 91, CP Police Services Marie Lavalle - Jan 15, 2024, Age 95, widow of Gerard

Not members but some may have known Raymond Conley - Feb 02, 2024, Age 94, Engineer Patrick Denton - Feb 05, 2024, Age 70, Engineer Jankie Ramharakh - Feb 12, 2024, Age 69, Diesel Shop Peter Visevec - Feb 21, 2024, Age 71, Carman Jerzy Ozarowski - Mar 12, 2024, Age 87, Carman William Katerynuk - Apr 12, 2024, Age 76, Conductor

CP Pensioners Manitoba Branch luncheon meeting

The next will be on **Thursday, May 09, 2024** at the Belgian Club - 407 Provencher Blvd. Doors open at 11:30, meal served at **12:00** (earlier if everyone is there)

Cost: 15.00 (fifteen) dollars per person chef's choice main course, dessert, coffee or tea and tip and entry in the door prize draw included Members and invited guests.

If you are want to attend, please contact Lou Guay by phone at 204-275-0630 or by e-mail at WpgCPRPensioners@mail.com to book your place no later than >>> THURSDAY May 02 <<< . No walk-ins please.

For current information about upcoming events, changes and cancellations

Check our Facebook page - Manitoba CP Pensioners

Members who have shared their email addresses will also be advised by email of changes and cancellations.

In Memoriaum

The company wide In Memoriaum is found on-line at https://cp-pensioners.com/news-events/
(about half-way down the page) - Published twice a year

The report covering July 01 to December 31, 2023 is now available.

Deceased Manitoba Pensioners July 01 to December 31 2023

(from the recent Company In Memoriaum

Last Name	First Name	Age	Date of Death	City
BAILEY	KENNETH N	75	7/7/2023	WINNIPEG
BOLTON	RODNEY	65	11/23/2023	WINNIPEG
BUTTIGIEG	JOSEPH	84	11/24/2023	WINNIPEG
CHEPIL	ALEXANDER	88	8/15/2023	DUGALD
DHANOA	DALJIT S	84	8/19/2023	WINNIPEG
HILL	BRUCE	67	9/14/2023	WINNIPEG
LAMA	LARRY D	84	8/24/2023	WINNIPEG
LEGER	PAUL MARCEL	91	7/2/2023	WINNIPEG
MACKENZIE	ARTHUR	74	12/24/2023	WINNIPEG
MALZENSKY	CLIFFORD	67	09/11/2023	WINNIPEG
MCLEOD	ERNEST ROSS	91	12/27/2023	LORETTE
MONTEIRO	MANUEL	76	8/20/2023	ST ANDREWS
PEITSCH	REINHOLD	88	8/20/2023	WINNIPEG
PIERRE	ROBERT B	81	8/8/2023	WINNIPEG
RINGOR	AMBROSIO M	88	11/19/2023	WINNIPEG
ROSE	SHIRLEY JEAN	98	08/02/2023	BRANDON
SAWATSKY	PAUL	60	8/19/2023	STE. ANNE
SYSAK	JERRY	72	9/25/2023	WINNIPEG
WASYLNUK	PAUL	89	09/12/2023	HADASHVILLE
WATTS	LEONARD W	80	11/15/2023	WINNIPEG
WOWK	RONALD P	58	7/24/2023	WINNIPEG

Executive Vacancies to fill

Thank you to everyone who has volunteered to fill vacancies,.

There are still a few vacant:

Corresponding Secretary - Ron Hinkle is stepping down.

Social Facilitator - due to the passing of Terry Machalek.

Research and propose possible activities for the membership.

Cheer Chair - vacant. Arrange to send condolence cards as required, contact known sick members.

50/50 draw chair - vacant - conduct the 50/50 draw at meetings

All these are a minimum time commitment.

Please consider stepping forward and lending a hand. Having a full executive, with new faces, will make us a stronger and more active association. If interested, please contact

Doug Belcher at 204 334 2108 or Lou Guay at 204 275 0630

Spring message from Doug Belcher

I was looking back at my time with Canadian Pacific and thinking how, in my working life, I never did too much dwelling on retirement. Now that I have been away from the job since 1993, I realize family obligations took up most of my spare time in my younger years. Then, as children left the nest, I found myself now participating in activities with other adults: exploring the outdoors cross-country skiing in winter, cycling and canoeing in summer.

Eventually I found myself volunteering to lead groups in these activities, thereby encouraging others to lead healthier lifestyles. After retirement, I carried on volunteering with groups such as Nature Manitoba, Fort Whyte Alive, The Forks, and the Vintage Locomotive Society (Prairie Dog Central). It is said that one is busier in retirement than in the working life. So true!

In every Saturday's Free Press there is an article about a volunteer activity and a list of volunteer opportunities that should appeal to most people. I would encourage fellow retirees to explore these options as one gains a lot of satisfaction from helping out. Most of these organizations are non profit. Some will cover expenses like fuel costs, or even offer a small honorarium to cover expenses. I find the best reward for time spent is the joy expressed by the recipients of good deeds done by volunteers. And in all cases being active certainly helps with physical, mental and emotional health. Give it a try!

How about a group activity this summer?

Two have been proposed

- 1) Picnic Lunch at a City Park
 - several picnic shelters are close to washrooms, parking and are handicapped accessible. Booking required shelter cost is \$126.00 Meal one option investigated

Subway lunch meal – 6 inch sub on Italian with cheese, lettuce, tomato and choice of Black forest ham, Cold cut combo, Italian BMT, Tuna or Turkey Breast

- includes bag of chips and one cookie Soft drinks and bottled water

Proposed cost: \$15.00 per person.

- 2) Casino Bus Tour with Dynasty Tours
 - a) Sand Hills Casino 35.00 per person.

details to be confirmed includes lunch, 10.00 slot machine credit
new member (no cost to join) an additional 10.00 credit

b) South Beach Casino – 30.00 per person details to be confirmed

If you are interested in either option, or have a suggestion for another activity, please contact Lou Guay at 204 275 0630 before May 8th.

CONCUR - CPKC travel services provider

<u>From email received March 17 from the NCCPPA</u>
(National Council of Canadian Pacific Pensioner Associations)

"CPKC will be going to an alternative vendor. In the meantime, the Concur Leisure program is active for now. CPKC will send out a communication to registered users within the next few weeks advising of the change."

As of March 17, 2023, no new CPKC Concur enrollments are accepted.

As pensioners, we had the option to create a Concur account and use the service to book flights, trains, car rentals and hotels/motels at the <u>CPKC preferred</u> <u>Corporate rate</u>. At this time the expectation is pensioners will be able to register with the new provider. Our website - www.cp-pensioners.com - will be posting details once CPKC has the new vendor selected and active.

WRAP-UP

If you have any questions relative to our Association, or are encountering problems pertaining to pensions, Blue Cross Coverage, etc., which may be affecting you as a pensioner or survivor, please contact one of the under-signed. If we cannot answer your query, we can possibly direct you to someone who can assist you.

Doug Belcher, President, CPPA (Manitoba Branch) 1312 - 1275 Leila Ave Winnipeg, MB. R2P 1J6 Phone 204-334-2108

Email: dbellch@shaw.ca

Ron Hinkle, Corresponding Secretary 415-919 St. Anne's Rd. Winnipeg, MB R2N 4K8 Phone 204-667-3520 email: hinkleronald224@gmail.com

Bob Cameron, Pensioner Representative P.O. Box 250, Revelstoke, B.C. V0E 2S0 Phone 1-250-837-4248

MEMBERSHIP INFORMATION

Are your membership dues up-to-date? If not, or if you have misplaced your card, or if you are not sure, please call **Karen Merrifield**, our Membership Co-chair, at **204-226-1711**, who can let you know where you stand. There has been no change in membership fees -

For either pensioner and spouse, or pensioner only. - \$10.00 per year For surviving spouse only - \$5.00 per year

Reminder: our membership year runs January 01 to December 31

Canadian Pacific Pensioners' Association Application Form

Name:		Spouse's Name:		
Address:				
Postal Code:	Telephone #	Mobile:		
Email		Pension Payroll #		
Former Trade/Occupation		Renewal New		

PLEASE MAKE CHEQUE PAYABLE TO C.P. PENSIONERS' ASSOCIATION and forward to



Jim Merrifield
Membership Chairperson
403 - 703 Riverwood Ave
Winnipeg, MB, R3T 1V6
Phone Karen at 204-226-1711

email: kuhiogirl55@gmail.com