CANADIAN PACIFIC PENSIONER'S ASSOCIATION (MANITOBA BRANCH)



Spring 2025 - 2 Editor — Lou Guay

Greetings fellow CP Pensioners

Please send in your 2025 dues as soon as possible.

Luncheons:

If you would like to be contacted with a reminder about upcoming luncheons by phone and/or by email, contact Lou Guay to be added to the phone and/or email lists: phone 204 275 0630 or email WpgCPRPensioners@mail.com

NOTE: Thursday May 10th will be our last luncheon before we break for the summer. Door prize will be \$100.00 (one hundred dollars). Plan to attend. Consider inviting a guest. Details on page 2.

<u>**CPKC magazine</u>** is still not available on line, and there is no timeline for it's return. Manitoba Branch gets a limited number of hard copies. These are available at our monthly luncheons when received.</u>

<u>**CP Pensioners website**</u> - lots of information to be found here. Great place to start if you have questions or need contact information. Details on Page 2

From Doug's Desk - Winter into Spring - see page 3

<u>CPKC Pension Department</u> - new email address all contact information in on the bottom of page 3

Informed Consent and personal data.

See Page 5

On the lighter side

This is a story from the Walla Walla and Columbia River Railroad in the 1870s. Trains on this line were not known for their speed. They were running the train down to the river one day when it hit a rotten rail and ran off the tracks (the rails on this line were made of wood with strap iron on top). Fortunately, a farm worker happened upon the train and was able to help the crew lift the little locomotive back on the rails. They thanked the farmer by offering him a ride. He said "No thanks, I'm in a hurry, I'll walk".

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IN MEMORIAM



Dince our last Newsletter, Father Time has taken his toll. Please take a few minutes out from your day to remember old friends and former workmates.

If you know of any members who are ill or have passed away, please contact Lou Guay @ 204-275-0630 and let him know.

DEPARTED MEMBERS

LORRAINE JACK, JUNE 29, 2023, WIDOW OF CRAWFORD, AGE 90 Allan Raven, July 07, 2024, Locomotive Engineer, Age 96 Kathleen Ash, January 20, 2025, WIDOW OF WILFRID, Age 100 Thomas Leaf, February 02, 2025, Supervisor of Training, Age 95 Walter Lushaw, March 09, 2025, Carman, Age 93

NOT MB BRANCH MEMBERS BUT SOME MAY REMEMBER GEORGE WESSEL OEPKES, NOVEMBER 11, 2024, DIESEL/WESTON SHOPS, AGE 63 RONALD SEADON, DECEMBER 22, 2024, UNKNOWN, AGE 70 JERRY KOTELO, JANUARY 23, 2025, MACHINIST, AGE 74 THOMAS PINCHBECK, FEBRUARY 23, 2025, DIESEL SHO MANGER, AGE 95 DAVID BORSA, MARCH 22, 2025, EQUIPMENT OPERATOR, AGE 82

National Council of Canadian Pacific Pensioners website is your source for current CP Pensioners discounts, the National In Memoriam and news and items of interest. Check it out! https://cp-pensioners.com

CP Pensioners Manitoba Branch luncheon meeting

The next luncheon will be on *Thursday, May 10th 2025* at the Belgian Club - 407 Provencher Blvd. Doors open at 11:30, meal served at **12:00** (earlier if everyone is there) Cost: 15.00 (fifteen) dollars per person Members and invited guests. If you are want to attend, please contact Lou Guay by phone at 204-275-0630 or by e-mail at WpgCPRPensioners@mail.com no later than >>> THURSDAY May 03 2025 <<< . <u>No walk-ins please</u>.

 For current information about upcoming events, changes and cancellations

 Members who have provided their email addresses will be sent an email. If you have not already done so,send an e-mail to WpgCPRPensioners@mail.com.

 Please show FULL name and the words "add to mailing list" on the subject line.
 Check our Facebook page - Manitoba CP Pensioners

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Winter versus Spring

Well, a few weeks ago I found myself in Canmore AB looking forward to what turned out to be the last ski of the season. The Canmore Nordic Centre is a world class venue for cross country skiing ,and maintains the trails to perfection.

After a decent snowfall Saturday, I drove up the mountain and really enjoyed the freshly groomed trails, with new snow and temps of -2 Celsius. Paradise, if one ignores all the children just blasting past me on their skate skis with an aim of perhaps representing Canada at a future competitive event. Oh well, I started skiing at age 30, a bit over the hill!

Returning to Winnipeg, and losing 1100 meters in elevation, it was now nearly cycle season. April 12th I found myself on the west shore of Lake Winnipeg, pumping up bike tires after their winter-long rest. A dash of oil on the chain, and I was off with my camera for a tour. It was a great day - covered 13 kms with ease, stopping at all the high spots to document my trip. Lots of ice on the lake which should last until the 2nd week of May, but the temperature of plus 14 was just right. A slight breeze from the northwest to give me a bit of a workout on the return trip.

On another note, I am impressed with the rising attendance at our monthly luncheons and I enjoy meeting new or returning members of the CP Pensioners. Lots of steel wheel tales! I hope we can pass the word to others that for value the luncheon is excellent!

Hope to see you in May

Doug Belcher, President, Manitoba Branch

<u>CPKC Pension Services Call Centre</u> is available to answer your pension related questions. Service is available in French and English. Hours of operations are from 8 AM to 12 PM (noon) MST.

Call or Email or mail Pension Services
Calgary Area: (403) 319-3035Toll Free: 1-888-511-7557
email: pension@cpkcr.com

Mailing Address: CPKC Pension Services 7550 Ogden Dale Road S.E. Calgary, AB T2C 4X9

	Executive Vacancies— UPDATE
	k you to everyone who has volunteered to fill vacancies,. t there are three <u>STILL VACANT</u>
A	responding Secretary - Ron Hinkle has stepped down! approximately 12 to 16 letters and emails a year to deal with, so the workload is light. This is a position we need to fill!
<u>(</u>	<u>Cheer Chair</u> - vacant. Arrange to send condolence cards as required, contact known sick members.
execut	consider stepping forward and lending a hand. Having a full tive, with new faces, and new ideas, will make us a stronger and active association.
	ested, please contact g Belcher at 204 781 1912 or Lou Guay at 204 275 0630
	National Council of Canadian Pacific Pensioners Associations (NCCPPA) Tri-Annual Convention June 6 - 7, 2025 To be held in Calgary Alberta
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Informed Consent what is it and how is it applied

Background: back in the earlier days of the commercial internet, personal data harvesting by various on-line entities for the purposes of generating significant revenue streams became rampant, and lacked regulation. Selling personal information to third parties became a major problem. In response to these privacy abuses, the Federal Government passed the Personal Information Protection and Electronic Documents Act in 2000 with the intent of protecting personal information shared on-line with various parties. It has been amended several times since as the technology has matured and changed.

As the legislation currently stands, organizations like ours require "informed consent" from members before we are allowed to use your email address for any purpose. This is why, for the past several years, we have been asking members to email a request to be added to our email distribution list (see page 2), even if they provided an email address on their membership application/renewal form.

We recently changed our membership application/renewal form to include a consent statement requiring active opt-in. (see page 6) Either method - membership form or email request - fulfills the consent requirements.

Emails are sent out to those members who have chosen to opt-in using Mail Chimp mass marketing platform, free version. There are several benefits to this: Mail Chimp transmissions are far less likely to trigger spam filters used by internet providers, email addresses and other personal data is much more securely stored than using a personal email account. Each email sent via Mail Chimp includes an opt-out option at the bottom of the email, which fulfills another requirement of the aforementioned legislation: your right to change your mind at any point and withdraw consent, should you so chose.

Manitoba Branch, CP Pensioners, uses member information only for the purposes of communicating events and items of interest and concern to our membership. We cannot share your personal information with any third parties, including CPKCR pensioner services.

WRAP-UP

If you have any questions relative to our Association, or are encountering problems pertaining to pensions, Blue Cross Coverage, etc., which may be affecting you as a pensioner or survivor, please contact one of the under-signed. If we cannot answer your query, we can possibly direct you to someone who can assist you.

Doug Belcher, President, CPPA (Manitoba Branch) 1312 - 1275 Leila Ave Winnipeg, MB. R2P 1J6 Phone 204-781-1912 Email: dbellch@shaw.ca Ron Hinkle, Corresponding Secretary 415-919 St. Anne's Rd. Winnipeg, MB R2N 4K8 Phone 204-667-3520 email: hinkleronald224@gmail.com

Bob Cameron, Pensioner Representative P.O. Box 250, Revelstoke, B.C. V0E 2S0 Phone 1-250-837-4248

MEMBERSHIP INFORMATION

Are your membership dues up-to-date? If not, or if you have misplaced your card, or if you are not sure, please call **Karen Merrifield**, our Membership Co-chair, at **204-226-1711**, who can let you know where you stand. There has been no change in membership fees -

For either pensioner and spouse, or pensioner only. - \$10.00 per year For surviving spouse only - \$5.00 per year

Reminder: our mem	<u>ıbership yea</u>	<u>ir runs Ja</u>	anuary 01 to December 31	
Canadian Pacific Pensi	oners' Associ	ation App		
Name:	Spouse's Name:			
Address:				
Postal Code:Telephone #				
Cell: Email			Pension Payroll #	
Former Trade/Occupation	Renewal	New		
Annual dues are: 10.00 per member or me	ember and spous	se 5.00 f	for survivor	
Do you provide consent for us to notification of upcoming events,			mail address provided for updates, _YesNo	
PLEASE MAKE CHEQ		<u>.E TO C.P</u> forward	<u>P. PENSIONERS' ASSOCIATION to</u>	
			Jim Merrifield	



Jim Merrifield Membership Chairperson 403 - 703 Riverwood Ave Winnipeg, MB, R3T 1V6 Phone Karen at 204-226-1711 email: kuhiogirl55@gmail.com