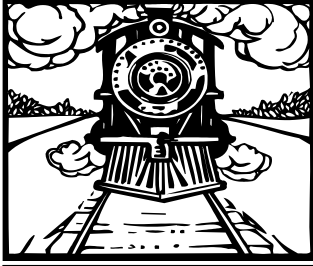


CANADIAN PACIFIC PENSIONER'S ASSOCIATION (MANITOBA BRANCH)



Summer 2025 - 3

Editor — Lou Guay

Greetings fellow CP Pensioners

Items of interest and note:

Reminder: if you have not already done so, please send in your 2025 dues as soon as possible! See page 3 for a new payment option!

Thank you to everyone who has already paid their 2025 dues.

Executive change:

- Thank you to Gordon Parkinson for volunteering to take on the Corresponding Secretary position, replacing Ron Hinkle.
- Thank you Ron Hinkle for your many years of service as Corresponding Secretary.

Our next luncheon meeting is Thursday, September 11th. See page 2 for details.

Manitoba Association of Seniors Centres (MASC) - see page 4

Help wanted - there are still positions to fill on our executive, including one new vacancy - recording secretary. - see page 4 .

A reflection from President Doug Belcher's desk - see page 5.

Words to live by:

"Don't act your age in retirement. Act like the inner young person
you always have been." J. A. West

"You don't stop laughing when you grow old. You grow old when you stop laughing."
George Bernard Shaw

"Age is an issue of mind over matter. If you don't mind, it doesn't matter."
Mark Twain



IN MEMORIAM

Since our last Newsletter, Father Time has taken his toll. Please take a few minutes out from your day to remember old friends and former workmates.

If you know of any members who are ill or have passed away, please contact Lou Guay @ 204-275-0630 and let him know.

DEPARTED MEMBERS

**WESLEY COOK MARCH 28 2025 INVESTIGATIONS AGE 90. SURVIVED BY FRANCES
ERIC ASKEW APRIL 05, 2025 CARMAN AGE 89
CAROLYN (BETTY) FENUK MAY 05, 2025 WIDOW OF ED AGE 79
LOUIS FERENCZI JULY 02 2025 ELECTRICIAN AGE 88. SURVIVED BY IRENE
JOHN (JACK) MORRISON JULY 01 2025 ELECTRICIAN AGE 78. SURVIVED BY SHIRLEY
MICHAEL KONCHUK JULY 12 2025 MACHINIST AGE 83.**

DEPATED - NOT MB BRANCH MEMBERS BUT SOME MAY REMEMBER

**FRANK HANNA MARCH 14 2025 MOBILE CHECKER AGE 97
RAMON COSENTINO MARCH 23 2025 DRAFTSMAN AGE 92. SURVIVED BY DOREEN
ALFRED J KEBER APRIL 07 2025 LOCOMOTIVE ENGINEER AGE 94
EDWARD OBIREK APRIL 25 2025 SURVIVED BY DOROTHY**

CP Pensioners Manitoba Branch luncheon meeting

The next luncheon will be on *Thursday, September 11th 2025* at the
Belgian Club - 407 Provencher Blvd.

Doors open at 11:30, meal served at **12:00**
(earlier if everyone is there)

Cost: 15.00 (fifteen) dollars per person
Members and invited guests.

If you are want to attend, please contact Lou Guay by phone at 204-275-0630
or by e-mail at WpgCPRPensioners@mail.com

no later than >>> **THURSDAY Sept 04 2025** <<<
. *No walk-ins please.*

For current information about upcoming events, changes and cancellations

- Members who have provided their email addresses will be sent an email.

If you have not already done so, send an e-mail to WpgCPRPensioners@mail.com.

Please show FULL name and the words "add to mailing list" on the subject line.

You can also check our Facebook page for news and information

Manitoba CP Pensioners

New option for dues payment

Manitoba Branch is pleased to advise you can now pay your dues via Interac transaction, using your on-line bank account.

Submit payments to: **wpgcprpensioners@mail.com**

Please show your full name and the words “membership dues” in the message part of the transaction.

Annual dues are still only: 10.00 per member or member and spouse
5.00 for survivor

Would like to be reminded about upcoming luncheons?

Contact Lou Guay to be added to the list phone 204 275 0630
or email WpgCPRPensioners@mail.com

You will be contacted by phone call, by e-mail, or both, about 10 days before the meeting is scheduled.

CPKC Magazine

Still not available on line, and there is no timeline for it's return.
Manitoba Branch does receive a limited number of hard copies.
These are available at our monthly luncheons for any interested members.

CPKC Pension Services Call Centre

is available to answer your pension related questions.
Service is available in French and English.
Hours of operations Monday to Friday
8 AM to 12 PM (noon) Mountain Standard Time (MST).

To call Toll Free: 1-888-511-7557 Calgary Area: (403) 319-3035

email: pension@cpkcr.com

Mailing Address: CPKC Pension Services
7550 Ogden Dale Road S.E.
Calgary, AB T2C 4X9

Executive Vacancies— UPDATE

Still Vacant:

Social Facilitator - research and propose possible activities for the membership.

Cheer Chair - vacant. Arrange to send condolence cards as required, contact known sick members.

New Vacancy - Karen Merrifield has stepped down as recording secretary. Thank you Karen for your service.

A replacement for Karen is needed.

Duties are

- record the minutes of our meetings
- submit minutes of the previous meeting at the next meeting.
- file and keep copies of all minutes.
- the Recording Secretary is one of three authorized signatories when we need to write a cheque.

Please consider stepping forward and lending a hand. Having a full executive, with new faces, will make us a stronger and more active association. If interested, please contact

Doug Belcher at 204 781 1912 or Lou Guay at 204 275 0630

Manitoba Association of Senior Centres (MASC)

is the umbrella organization for the various senior centres in Manitoba. MASC provides a forum to facilitate communication, sharing and planning among Manitoba multi-purpose Senior Centres as they provide services to Manitoba's aging population.

The Association will provide a provincial focus for multi-purpose senior centres and raise their profile. MASC also serves as a voice for seniors in Manitoba.

A searchable list of the multi-purpose member centres is found on-line.
<https://manitobaseniorcommunities.ca/MemberLocations>

The member centres are independent organizations. All offer a variety of activities and programs of interest and benefit for older Manitobans, but, these vary from location to location.

Check out a centre near you!

SMOKE

This seems to be a tough summer for those of us that are older and have breathing problems. It has occurred to me that 40 years have passed since I was diagnosed with asthma and yet here I am, still alive and kicking. As an avid cyclist I have limited my cycling to short trips of necessity like grocery shopping.

This past weekend (July 12-13) has been really bad ,and I have noticed the smoke is affecting my endurance. However I still consider myself fortunate that I have a home in which to dwell, and a switch that will turn on the AC And I can use the transit system to shop for groceries. When in the city I tend to leave my vehicle parked. As time goes on the smoke will clear and my cycle mileage will increase.

My thoughts are of all the people that have been displaced from northern Manitoba and have to experience the culture shock and disruption that go along with the displacement. Living in my neighbourhood soccer complex is not something I want to experience. Should any of you encounter any visitors in your neighbourhood, please be kind to them. We don't have to be politicians to welcome these visitors to southern Manitoba.

Take care for the rest of the summer. Hopefully we will get together in September.

Doug

National Council of Canadian Pacific Pensioner Associations

By virtue of your membership in Manitoba Branch, CP Pensioners, you are also part of the NCCPPA.

Their website is your source for current CP Pensioners discounts, the National In Memoriam and news and other items of interest.

<https://cp-pensioners.com>

Reminder: Perkopolis, a discount program for shopping and travelling, is an exclusive benefit available to you through the NCCPPA. If you have not yet tried it, send an email to WpgCPRPensioners@mail.com Please make the Subject Line Perkopolis with your name. By return email you will receive everything needed to register (No charge!) and start exploring.

WRAP-UP

If you have any questions relative to our Association, or are encountering problems pertaining to pensions, Blue Cross Coverage, etc., which may be affecting you as a pensioner or survivor, please contact one of the under-signed. If we cannot answer your query, we can possibly direct you to someone who can assist you.

Doug Belcher, President, CPPA (Manitoba Branch)
1312 - 1275 Leila Ave
Winnipeg, MB. R2P 1J6
Phone 204-781-1912
Email: dbellch@shaw.ca

Ron Hinkle, Corresponding Secretary
415-919 St. Anne's Rd.
Winnipeg, MB R2N 4K8
Phone 204-667-3520
email: hinkleronald224@gmail.com

Bob Cameron, Pensioner Representative
P.O. Box 250, Revelstoke, B.C. V0E 2S0
Phone 1-250-837-4248

MEMBERSHIP INFORMATION

Are your membership dues up-to-date? If not, or if you have misplaced your card, or if you are not sure, please call **Jim Merrifield** at **204-299-7666** He can let you know where you stand.

There has been no change in membership fees -

For either pensioner and spouse, or pensioner only. - \$10.00 per year

For surviving spouse only - \$5.00 per year

Reminder: our membership year runs January 01 to December 31

Canadian Pacific Pensioners' Association Application Form

Name: _____ Spouse's Name: _____

Address: _____

Postal Code: _____ Telephone # _____

Cell: _____ Email _____ Pension Payroll # _____

Former Trade/Occupation _____ Renewal _____ New _____

Annual dues are: 10.00 per member or member and spouse 5.00 for survivor

Do you provide consent for us to contact you using the email address provided for updates, notification of upcoming events, etc. _____ Yes _____ No

Dues can be paid by interac - send to wpgcprpensioners@mail.com - or by cheque.

PLEASE MAKE CHEQUE PAYABLE TO C.P. PENSIONERS' ASSOCIATION and forward to



Jim Merrifield
Membership Chairperson
403 - 703 Riverwood Ave
Winnipeg, MB, R3T 1V6
Phone 204 299 7666
email: hogge1@live.ca