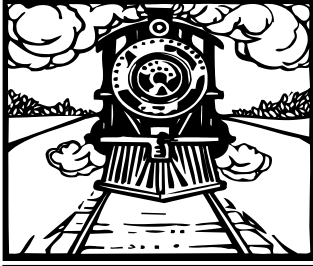


# CANADIAN PACIFIC PENSIONER'S ASSOCIATION (MANITOBA BRANCH)



*Spring 2026 - 2*  
*Editor — Lou Guay*

Greetings fellow members

Membership Dues - thank you to everyone who has paid their 2026 dues. If you have not yet done so, please remit per instructions on page 6. Not sure about your current dues status? Please contact Jim Merrifield, our membership chair, for the details. His contact information is on page 6.

Manitoba Branch has a very reasonable dues structure. It has not changed in many years. However, expenses keep rising. Costs of printing and distributing the newsletter have tripled since 2015. Postage and stationery has nearly doubled. Other expenses, such as the NCCPPA annual dues assessment still need to be paid. Every member of your local executive is an unpaid volunteer. They pay membership dues. Please do your part and ensure dues are submitted promptly.

Departed Manitoba Branch members, spouses and non-member CP pensioners pg 2

Last luncheon before our annual summer break will be on May 14 see page 2

Help Wanted! Please don't make us beg! Executive vacancies to fill see page 3

In Memoriam - the company wide In Memoriam report for July 01 to December 31, 2025, is available on [WWW.CP-Pensioners.Com](http://WWW.CP-Pensioners.Com) - news and events page.

Manitoba departed see page 4

Mens Shed - opportunity for social interaction and skill sharing see page 5

Have an activity or group or volunteer opportunity for retirees suitable for promotion in the newsletter? Send details to [WpgCPRPensioners@mail.com](mailto:WpgCPRPensioners@mail.com).

Have a great summer.

Point to ponder

“When we recall the past, we usually find that it is the simplest things, not the great occasions, that in retrospect give off the greatest glow of happiness.” Bob Hope

## IN MEMORIAM



**S**ince our last Newsletter, Father Time has taken his toll. Please take a few minutes out from your day to remember old friends and former workmates.

If you know of any members who are ill or have passed away, please contact Lou Guay @ 204-275-0630 and let him know.

### DEPARTED MEMBERS

**JAN COMBE, DECEMBER 10 2025, AGE 73, SPOUSE OF DOUG KRAFT**

**BILL GAWLEY, JANUARY 13, 2026, AGE 83, CONDUCTOR**

**JIM KABALUK, MARCH 15, 2026, AGE 91, REGIONAL MANAGER CP INTERMODAL**

### DEPARTED - NOT MB BRANCH MEMBERS BUT SOME MAY REMEMBER

**GORD HIGGIN, OCTOBER 2025, AGE UNKNOWN, ENGINE ATTENDANT, DIESEL SHOPS**

**WALLACE (KEITH) BARBER, DEC 23, 2025, AGE 94, POSITION UNKNOWN**

**HARRY COSTIK, JANUARY 5, 2026, AGE 84, POSITION UNKNOWN**

**BILL GAWLEY, JANUARY 13, 2026, AGE 83, POSITION UNKNOWN**

**GREGORY REPA, JANUARY 22, 2026, AGE 81, POSITION UNKNOWN**

**TOM PIDBORCHYNSKI, AGE 100, JANUARY 24, 2026, PIPEFITTER**

**GREG REPA, JANUARY 22, 2026, AGE 81**

**FRED SHANNON, FEBRUARY 2026, AGE UNKNOWN, CLERK**

**WALLY TATARYN, FEB 14, 2026, AGE 88, CRANE OPERATOR**

**ALBERT CALVO, FEB 26 2026, AGE 78, CONDUCTOR**

**VICTOR STUBBINGS, MARCH 12, 2026, AGE 95, MANAGE SALES, CP EXPRESS**

**RICHARD SWAN, MARCH 16, 2026, AGE 80, HELPER, MECHANICAL DEPARTMENT**

### CP Pensioners Manitoba Branch luncheon meeting

The next luncheon will be on *Thursday, May 14, 2026* at the  
Belgian Club - 407 Provencher Blvd.

Doors open at 11:30, meal served at **12:00**  
(earlier if everyone is there)

Cost: 15.00 (fifteen) dollars per person  
Members and invited guests.

If you are want to attend, please contact Lou Guay by phone at 204-275-0630  
or by e-mail at [WpgCPRPensioners@mail.com](mailto:WpgCPRPensioners@mail.com)

no later than >>> **Wednesday May 06** <<<  
. *No walk-ins please.*

This will be our last luncheon until September 10, 2026.

Reminder: we order the meals ahead of time, and have to pay for what we booked.  
If you were coming, but, are subsequently unable to attend, please advise Lou

## **CP Pensioners website    WWW.CP-Pensioners.Com**

The National Council of CP Pensioners Associations has arranged for a few few select benefits and discounts for CP Pensioners.

Details found on the website - Discounts page.

Do you have an upcoming special event or anniversary you want to share with fellow pensioners? You can do it through the NCCPPA website, news and events page. The Submission form is about 2/3 of the way down the page.

### **Would you like to be reminded or informed about upcoming events and activities, including luncheons?**

Contact Lou Guay at 204 275 0630 to be added to the luncheon phone list or email [WpgCPRPensioners@mail.com](mailto:WpgCPRPensioners@mail.com)

Please show your FULL name and the words “add to mailing list” on the subject line of the email..

You will be contacted by phone call, by e-mail, or both, about 8 to 10 days before the luncheons.

Email reminders will also be sent about special events or activities.

Check our Facebook page for news and information

### **Manitoba CP Pensioners**

#### **Executive Vacancies - still to fill**

Social Facilitator - research and propose possible activities for the membership.

Cheer Chair - vacant. Arrange to send condolence cards as required, contact known sick members.

Recording Secretary: vacant. Record minutes for the meetings.

Please consider stepping forward and lending a hand.

If interested, please contact Doug Belcher at 204 781 1912  
or Lou Guay at 204 275 0630

## **In Memoriam - Manitoba - July 01 to December 31 2025**

Per company wide report provided by CPKC Pension Services

<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Date of Death</b>			<b>City</b>
WALLACE	BARBER	94	December	23	2025	WINNIPEG
WARREN W.	CAHILL	77	July	30	2025	NIVERVILLE
JOE	CONICELLA	90	October	24	2025	WINNIPEG
JOHN	CWIK	71	July	12	2025	WINNIPEG
KEITH	DILLABOUGH	76	September	10	2025	MINNEDOSA
ROSS	DUFF	80	October	22	2025	WINNIPEG
JACK	EBRO-PROKESZ	76	September	1	2025	WINNIPEG
RAYMOND	EVANS	80	August	6	2025	WINNIPEG
LOUIS	FERENCZI	88	July	2	2025	WINNIPEG
GERHART	FROELICH	88	July	17	2025	WINNIPEG
DAVID E.	GALLIVAN	63	November	8	2025	BRANDON
DENNIS J.	HOMENIUK	77	December	22	2025	WINNIPEG
EARL	IRVING	97	August	4	2025	STONEWALL
HARRY C.	KITCHEN	86	October	20	2025	WINNIPEG
JOYCE E.	KOLACH	89	July	28	2025	WINNIPEG
MICHAEL J.	KONCHUK	83	July	12	2025	WINNIPEG
CHRISTOPHER	KOUTRIS	83	November	15	2025	WINNIPEG
JOSEF	KRAWAT	92	December	28	2025	WINNIPEG
FRANK	MARTYNIUK	69	September	2	2025	WINNIPEG
JUDITH A.	MCQUARRIE	83	July	21	2025	WINNIPEG
RICHARD	MILNE	66	November	3	2025	BRANDON
JOHN B.	MORRISON	78	July	1	2025	WINNIPEG
WILLIAM	REIMER	68	December	3	2025	MELITA
JOGINDER	ROOPRAI	80	August	1	2025	WINNIPEG
DAVID	SOFRONIUK	81	July	20	2025	ROSEAU RIVER
NICK	TARAN	71	November	30	2025	WINNIPEG
LYLE H.	WILCOX	101	October	17	2025	WINNIPEG
JOHN	YUZWA	62	October	24	2025	STONY MOUNTAIN
LEONARD	ZOPPA	63	October	31	2025	WINNIPEG



## **What's that all about?**

**It's about guys doing interesting things and making new friends**

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### **About Us**

Originating in Australia in the late 1990s, the Men's Sheds movement has since grown to over 2500 Sheds in more than 12 countries, and the numbers keep growing! Currently there are over 180 sheds in Canada with 17 in Manitoba and nine in Winnipeg. While each is as different as the communities they are found in, Men's Sheds all share the same aim of improving men's health and well-being by providing a space for social interaction, skill-sharing, and community engagement.

### **We Welcome all Men**

Many of us find that a good portion of our lives have revolved around career and work activities. When retirement or lifestyle changes come along, or we finally have an opportunity to spend time on activities we have looked forward to, we may not find it as enjoyable without a friend or two to share the fun.

That is where Men's Shed comes in. Although Men's Shed is not a support group, we are very much about supporting each other and sharing common interests.

We are a relaxed group who meet regularly, to share a friendly game of cards, crafts or even just a cup of coffee and conversation

### **Activities**

- Coffee and conversation always
- Wood Carving
- Music
- Tabletop games
- Guest speakers
- Community projects and activities
- Senior lifestyle and health

For more information on joining, starting or running a Men's Shed in your area contact [menshedmanitoba@gmail.com](mailto:menshedmanitoba@gmail.com) or call 204-396-2123.

Website Canada – [mensshedscanada.ca](http://mensshedscanada.ca) Website Manitoba – [mensshedsmanitoba.ca](http://mensshedsmanitoba.ca)

## WRAP-UP

If you have any questions relative to our Association, or are encountering problems pertaining to pensions, Blue Cross Coverage, etc., which may be affecting you as a pensioner or survivor, please contact one of the under-signed. If we cannot answer your query, we can possibly direct you to someone who can assist you.

Doug Belcher, President, CPPA (Manitoba Branch)  
1312 - 1275 Leila Ave  
Winnipeg, MB. R2P 1J6  
Phone 204-781-1912  
Email: dbellch8@gmail.com

Gordon Parkinson, Corresponding Secretary  
9 Mitchell Bay  
Winnipeg MB R1A 3A4  
Phone: 204 338 4540  
email: gordparl@mymts.net

Bob Cameron, Pensioner Representative  
P.O. Box 250, Revelstoke, B.C. V0E 2S0  
Phone 1-250-837-4248

## MEMBERSHIP INFORMATION

Are your membership dues up-to-date? If not, or if you have misplaced your card, or if you are not sure, please call **Jim Merrifield** at **204-299-7666** He can let you know where you stand.

Membership fees: Pensioner and spouse, or pensioner only. - \$10.00 per year  
For surviving spouse only - \$5.00 per year

### Reminder: our membership year runs January 01 to December 31

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#### Canadian Pacific Pensioners' Association Application Form

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Telephone # \_\_\_\_\_

Cell: \_\_\_\_\_ Email \_\_\_\_\_ Pension Payroll # \_\_\_\_\_

Former Trade/Occupation \_\_\_\_\_ Renewal \_\_\_\_ New \_\_\_\_

Annual dues are: \$ 10.00 per member or member and spouse \$ 5.00 for survivor

Do you provide consent for us to contact you using the email address provided for updates, notification of upcoming events, etc.  Yes  No

Dues can be paid by interac - send to [wpgcprpensioners@mail.com](mailto:wpgcprpensioners@mail.com) - or by cheque.

PLEASE MAKE CHEQUE PAYABLE TO C.P. PENSIONERS' ASSOCIATION and forward to



Jim Merrifield  
Membership Chairperson  
403 - 703 Riverwood Ave  
Winnipeg, MB, R3T 1V6  
Phone 204 299 7666  
email: hogger1@live.ca