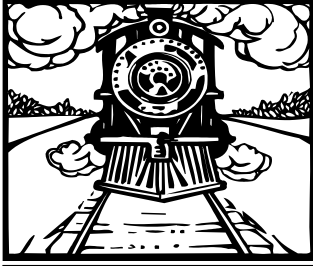


CANADIAN PACIFIC PENSIONER'S ASSOCIATION (MANITOBA BRANCH)



Summer 2026 - 3

Editor — Lou Guay

Greetings fellow CP Pensioners

Summer 2026 has been interesting here in south Winnipeg. We had extended periods of extreme heat, several near-monsoon level rainfalls, and a pair of severe windstorms which damaged homes, vehicles, and trees. We personally lucked out but a few neighbors on the street got hit pretty hard.

Points of interest

Our monthly luncheon meetings, held the second Tuesday of the month, September to May, resumes on Thursday, September 10 - details on page 2

Manitoba Branch In-memoriam - see page 2

Paid your 2026 membership dues yet? - see page 3

Help still wanted - see page 4.

Manitoba Branch president Doug Belcher shares some more reflections - see page 5.

Reminder: the National Council of CP Pensioners Associations has a website with a plethora of useful information. Please check it out.

- Significant life events such as wedding anniversaries or birthdays can be shared there with the larger CP pensioners community, if you so desire.

<https://cp-pensioners.com/>

Remember the December luncheon is always our most popular. It is scheduled for Thursday December 10. Details to follow in our next newsletter.

Would you like to receive the newsletter via email instead of Canada Post?

Send an email to WpgCPRPensioners@mail.com

Subject line Newsletter <your full name>



IN MEMORIAM

Since our last Newsletter, Father Time has taken his toll. Please take a few minutes out from your day to remember old friends and former workmates.

If you know of any members who are ill or have passed away, please contact Lou Guay @ 204-275-0630 and let him know.

DEPARTED MEMBERS

RONALD MANN - JULY 02 2026 AGE 79 PIPEFITTER SURVIVED BY JANICE

NOT MB BRANCH MEMBERS BUT SOME MAY REMEMBER

BRETT PERRAULT - APRIL 21 2026 AGE 65 LOCOMOTIVE ENGINEER

DALE HILL - MAY 14 2026 AGE 67 TRANSPORTATION SERVICE REP

DANA MURCHISION - JULY 28 2026 AGE 75 DIRECTOR HUMAN RESOURCES

CP Pensioners Manitoba Branch luncheon meeting

The next luncheon will be on *Thursday, September 10 2026*
at the Belgian Club - 407 Provencher Blvd.

Doors open at 11:30, meal served at **12:00**
(earlier if everyone is there)

Cost: 15.00 (fifteen) dollars per person
Members and invited guests.

If you are want to attend, please contact Lou Guay by phone at 204-275-0630
or by e-mail at WpgCPRPensioners@mail.com

no later than >>> **Wednesday September 02** <<<
. *No walk-ins please.*

Would you like to be reminded about upcoming luncheons?

Contact Lou Guay to be added to the list phone 204 275 0630
or email WpgCPRPensioners@mail.com

You will be contacted by phone call, by e-mail, or both if you want, about 10 days
before the luncheon is scheduled.

REMINDER Annual Membership Dues REMINDER

Thank you to everyone who have paid their 2026 dues.

If you have not yet submitted yours, please take a moment and **submit as soon as possible**.

Unsure if you paid?

Please contact Jim Merrifield for details.

Phone 204 299 7666

email: hogger1@live.ca

Dues payment can be sent via Interac!

Pay your dues via Interac transaction, using your on-line bank account.

Submit payments to: **wpgcprpensioners@mail.com**

Please show your full name and the words “membership dues” in the message part of the transaction.

Annual dues are still only: 10.00 per member or member and spouse
5.00 for survivor

For current information about upcoming events, changes and cancellations

- Members who have requested emails will be sent one.

If you want to be emailed, and have not yet requested it,
send an **e-mail to WpgCPRPensioners@mail.com**.

Please show your FULL name and the words “add to email list” in the subject line.

You can also check our Facebook page for news and information

Manitoba CP Pensioners

Help wanted

One of the constant challenges for volunteer-led organizations like ours is finding people willing to step forward and lend a hand with the required organizational work. For the most part, the duties need little time or effort.

Currently we have a treasurer, newsletter editor, president, vice-president, correspondence secretary and membership chair.

Immediate needs - volunteers to:

- take notes at the meetings and maintain a record of any important information presented and discussed. Could be shared by two or three people.
- social director - propose extra events, arrange for occasional speakers. Could be shared by two or three people.
- outreach to sick and aging members. Could be shared by two or three people.
- phone tree to contact members - reminders for meetings and special events. Four to five 5 people.
- send out condolence cards when members or member spouses die.
- direct traffic during meal service.
- make the door prize and 50/50 draws.
- Once a year
 - set up the silent auction at the Christmas luncheon
 - purchase prizes for the silent auction
 - sell tickets for the silent auction
 - clean up of silent auction

From the desk of MB Branch President Doug Belcher

August 10, 2026

It is now August and the summer just seems to fly by. I am finding that when one gets older there are a lot more events (both positive and negative) that have occurred in the past than future events. I believe this is a logical statement as when one is over 80, time will be limited. And I am still kicking, and my subject is cycling.

When I was 9 years old I started collecting beer bottles with my balloon tire bike along the highway near a small hamlet in Saskatchewan where my family resided at the time. When I was a teenager I rode my bike to deliver groceries and newspapers in Saskatoon to where my father was gainfully employed. In my twenties I started my employment career so I never had time for cycling. In my 30's I started cycling again with my spouse and 2 children. One memory I have is of my 10 year old son and I cycling from Brandon to Souris in April, the first trip of the year.

In my forties, I had relocated to Winnipeg but retained my bicycle to use for recreation as well as my transportation to work. My favourite trip was from home to Jarvis and McKenzie, where I started my thrice weekly trip to Altona. I loaded the bike onto the caboose or locomotive (post caboose era) and toured Altona and district after our crew was off duty. Much more healthy than bending one's elbow.

Now that I have retired, I still enjoy cycling in Winnipeg or in the Winnipeg Beach area. After my trip today (10 km return trip to the beach for breakfast) I feel energized and ready to go for my afternoon tour.

I truly feel blessed to (so far) still retain my health so that I am able to keep active and I am looking forward to our September luncheon, so see all of you.

Thanks for reading!

Doug

WRAP-UP

If you have any questions relative to our Association, or are encountering problems pertaining to pensions, Blue Cross Coverage, etc., which may be affecting you as a pensioner or survivor, please contact one of the under-signed. If we cannot answer your query, we can possibly direct you to someone who can assist you.

Doug Belcher, President, CPPA (Manitoba Branch)
1312 - 1275 Leila Ave
Winnipeg, MB. R2P 1J6
Phone 204-781-1912
Email: dbellch@shaw.ca

Gordon Parkinson, Corresponding Secretary
9 Mitchell Bay
Winnipeg MB R1A 3A4
Phone: 204 338 4540
email: gordparl@mymts.net

Bob Cameron, Pensioner Representative
P.O. Box 250, Revelstoke, B.C. V0E 2S0
Phone 1-250-837-4248

MEMBERSHIP INFORMATION

Are your membership dues up-to-date? If not, or if you have misplaced your card, or if you are not sure, please call **Jim Merrifield** at **204-299-7666** He can let you know where you stand.

Membership fees: Pensioner and spouse, or pensioner only. - \$10.00 per year

For surviving spouse only - \$5.00 per year

Reminder: our membership year runs January 01 to December 31

Canadian Pacific Pensioners' Association Application Form

Name: _____ Spouse's Name: _____

Address: _____

Postal Code: _____ Telephone # _____

Cell: _____ Email _____ Pension Payroll # _____

Former Trade/Occupation _____ Renewal _____ New _____

Annual dues are: \$ 10.00 per member or member and spouse \$ 5.00 for survivor

Do you provide consent for us to contact you using the email address provided for updates, notification of upcoming events, etc. _____ Yes _____ No

Dues can be paid by interac - send to wpgcprpensioners@mail.com - or by cheque.

PLEASE MAKE CHEQUE PAYABLE TO C.P. PENSIONERS' ASSOCIATION and forward to



Jim Merrifield
Membership Chairperson
403 - 703 Riverwood Ave
Winnipeg, MB, R3T 1V6
Phone 204 299 7666
email: hogger1@live.ca

